



ANOTHER 10 days of

Creative Exercises

We might all have to stay home but we won't stop being creative!





Wouldn't it be amazing if we used this time to try something new or do the things we never usually get round to doing?

If you would like to be part of a whatsapp group for storytelling activities, please let us know.

If you have written something that you would like someone else to read or perform, please send them to us.

At the end of this unfamiliar time, we would love to compile any of the work you have created into a Young Theatre Makers Lockdown Anthology.

Remember there is no right or wrong when you are expressing yourself. These are just ideas to get you started.

Have a go... you might surprise yourself!

Let us know how you get on with these creative exercises or share your experiences on social media

@bubble_ytm

Try writing a stream of consciousness.

Set a timer for 2 minutes and write down whatever is in your head even if it is "I don't know what to write".

Do a table-top version of The Great Game of Power.
Get a bottle, 3 matching cups and a box.

Arrange them so that the bottle is the most powerful thing. If there is anyone else in your house, ask them if they can see another way of making the bottle more powerful. Discuss what you see in the image.





Write a scene set in a car.

Using household objects, create an image with one of the following titles:

Hope Government

Society Success

Resilience Home

Freedom Betrayal

Loyalty Conflict

Record yourself telling the first line of a story, nominate a friend to continue it and send it to them.



Write a scene set in a police station.



Look out of your window.
Your view is the set for a scene,
what is the most unexpected
thing that could happen?

Open a book or newspaper, close your eyes and point at random to a place on the page.

> Use the word that your finger lands on in the first line of a scene.





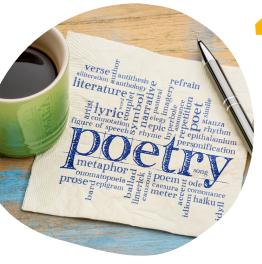
Write a poem, each line must contain one of these words:

Change Touch **Ordinary** Time Feeling Rhythm

Care Space Water Shape

Imagine you have been asked to create a new family in a soap.

- Who would they be and what secrets would they hold?
- How would these be revealed?



<u>And two more for luck ...</u>

You've seen the rainbows in people's windows. Now gather some items of the following colours: red, orange, yellow, green, blue, indigo, violet.

How does the colour, shape, texture, smell of the object make you feel?

Does it remind you of anything?

2 Look for an item in your house that you have never noticed before.



Imagine that it is someone's most treasured possession.

- Why is it so important to them?
- What's it's story?

Don't forget to tell us how you get on or share your activities on social media and tag @bubble_ytm