



IMMEDIATE RELEASE

19th May 2023

Rotherhithe SE16

**LONDON BUBBLE THEATRE'S OLDER ADULTS PROGRAMME
CELEBRATES 10TH ANNIVERSARY YEAR**

London Bubble Theatre Company has been animating spaces with community theatre since 1972 and has consistently found ways to reach and bring together people who might otherwise not have access to theatre and whose voices continue to be at risk of going unheard.

Making theatre with Older Adults for a decade

Bubble's Older Adults' programme is unique because it predominantly operates in sheltered housing units, a space that is often ignored in the community arts sector. Weekly Tea Break Theatre sessions take place in communal spaces (bringing theatre right into their living rooms!) and the Rotherhithe Shed meets twice weekly at Bubble HQ. Members are also regularly invited on mainstream theatre trips and other related excursions. Bubble prides itself on being able to offer this programme completely free.

Artistic Director Marie Vickers says:

"It's been 10 years since London Bubble Theatre began delivering projects specifically for people aged 55 and over... time flies! In that time, our practice has evolved, our reach has grown and our members keep embracing new ways to be creative, express themselves and explore the stories and characters that matter to them. I'm so impressed by the work they've created this year and can't wait to share it with a wider audience. Expect joy, laughter and plenty of attitude!"

Older Adults' Takeover Event

June 1st 2023 will be the first of three events celebrating 10 years of the programme. Bubble's community of older adults will be taking over London Bubble HQ (and social media) to showcase their creative offerings.

Programme Producer Annys Whyatt says:

"Our Older Adults have a lot to say and they want to say it loud. Attendees of all ages will get to experience the work we run at Bubble with Older Adults including an open workshop; performances and music."

The day will include Tea Break Theatre performances exploring themes around power, protest, money and feminism and there will be a chance to take part in a Tea Break Theatre demo. The Rotherhithe Shed will be open for attendees to have a go at sharpening their workshop skills whilst listening to stories from Shed members. Lunch will be provided and the event will culminate in a wrap party.

Resident Artist Cecilia Garcia-Barnard says:

"It's a day to celebrate autonomy and protest; those tiny acts of rebellion that we do daily to fight back against that which make us feel powerless, and how we claim back that power through creativity and community."

For images, other 10th anniversary event details and/or further information please contact Kehryse Johnson-Fraser on 07305 383 562 or email kehryse@londonbubble.org.uk