



IMMEDIATE RELEASE

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Rotherhithe SE16

INTRODUCING THE ROTHERHITHE SHED EXHIBITION:

CELEBRATING 10 YEARS OF MAKING, MENDING & RE-PURPOSING FOR THE OVER 55s

London Bubble Theatre Company and Time & Talents are thrilled to announce the opening of the much-anticipated exhibition, **The Rotherhithe Shed** at Southwark Park Galleries. This unique showcase pays homage to the extraordinary talents, dedication, and camaraderie of the Men's Shed community in Rotherhithe, highlighting their remarkable creations and the stories behind them.

The Rotherhithe Shed began just as The Men's Shed Movement was evolving into the global mission it is today; for men to come together and create as a means of reducing social isolation after retirement. "Reg retired and just lost himself," shares a Shed member's widow. "He didn't move off the sofa most days. Once he found the Shed, it was like he had a new lease on life – it gave him purpose again. It was so good to see him get that back."

The Rotherhithe Shed Exhibition not only spotlights an awe-inspiring array of handcrafted items produced by the members but it also delves into the heart-warming narratives that intertwine with their creative journeys. "The idea for this exhibition came from our members," says Lucy Bradshaw, Executive Director at London Bubble Theatre. "We are delighted that we've been able to turn their idea into reality and showcase their talents to a wider audience."

The Rotherhithe Shed Exhibition promises to be an immersive experience that not only showcases the Shed's tangible creations but also captures the intangible bonds formed within these workshops. Visitors will be treated to an array of innovative projects that span across various disciplines. From pedal powered lathes, lamps made out of disused materials, sculpture and carpentry to painting, whittling, woodwork and intricate metal work; the pieces on display embody the essence of passion and purpose that the sheddists pour into their work. Learning and sharing the skills to make, mend and repair is a radical solution to the Age of Waste we find ourselves in and we all have a lot to learn from The Mens' Shed Movement.

The Rotherhithe Shed Exhibition opens its doors on Thursday August 17th 2023 and will run until September 3rd 2023. It is an opportunity for visitors of all ages to appreciate the power of community, creativity, and craftsmanship. London Bubble Theatre and Time & Talents invite you to join us in celebrating ten years of The Rotherhithe Shed.

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For more information about the exhibition and Southwark Park Galleries, please visit www.southwarkparkgalleries.co.uk

For more information about The Rotherhithe Shed please visit www.londonbubble.org.uk