

Case Study

Boma - Beneath the Papers

Boma is a member of our Older Adults Performance Company 2023 and also participated on the '1972' project in 2022. Alongside Bubble artists, the cast devised and performed 'Beneath the Papers' on its tour of sheltered housing units in Autumn 2023.

At London Bubble, we believe that everyone is naturally creative and seek to remove barriers to developing new skills at an older age. We asked Boma what the impact of taking part in the project had been for her. She told us:

“ *I very much felt part of the team - a big part of the community. Everyone was a joy to know and I felt listened to and confident during the process. I feel very lucky to have been a part of this process...what is the next one going to be?* ”

A key part of this project was not only bringing live performance into sheltered housing units but that the performers would be residents' peers. This addresses the imbalance in opportunities for residents of sheltered housing to access live theatre and hopefully, seeing people like themselves, enables residents to feel that it would be possible to do something similar in future. Boma explained that feedback from audiences in sheltered housing made her feel:

“ *Happy! Content! Proud! Relieved! So very pleased the audiences loved the story... it was great to hear what they had to say about the story and the characters.* ”

We asked Boma what the best bit about the project was. She said:

“ *I think for me everything. Making up the story, performing and bringing it to people like us.* ”

[To hear Boma speak about Beneath the Papers, click here.](#)

