

## Case Study:

# Ana - Starting Out in Community Theatre

Ana joined Starting Out to learn skills that will help her establish her own collective of artists creating projects with refugees and asylum seekers. As a refugee struggling with employment herself, she hoped joining the programme would introduce her to what a career in community theatre could look like. She specifically wanted to build her confidence and leadership skills around programme design and facilitation.

Through the programme, she was able to meet her goal of learning about trauma-informed practice, the structure of planning workshops for different demographics and applied it into real practice by delivering a workshop for older adults, along with her peers, in the final session.

She showed outstanding leadership skills and initiative - often volunteering ideas and activities that were both enjoyable, but demonstrated her thoughtfulness and awareness of what was needed in the session.

Her peers commended her confidence and consideration demonstrated in shaping the sessions. She has shown great potential to continue developing a career in creative community facilitation and we are so excited to see where this will lead her!

Starting Out In Community Theatre is a 7-week programme for 18-25s.

It is designed for early career artists to develop confidence in leading and supporting projects that are shaped by the voices and experiences of children, vulnerable young people, and older adults.

